

BORINQUEN HEALTH CARE CENTER, Inc.

STOPP-Y PROGRAM

Year One Executive Summary

2017-2018

PROGRAM DESCRIPTION

STOPP-Y, Substance Abuse Targeted Outreach & Pretreatment Program, provides evidence-based outreach, counseling, and pre-treatment services with emphasis on racial/ethnic minority populations at high-Risk for HIV/AIDS. The STOPP-Y program seeks to reduce the spread of HIV by reducing high risk behaviors in this population using evidence-based models for outreach and substance abuse counseling and referral.

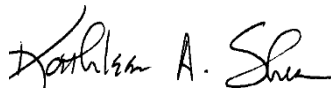
FROM THE PROJECT EVALUATOR

STOPP-Y has continued the tradition of meeting its goals and providing quality care and treatment for substance use disorders among the highest risk sub-populations. The program has also continued to innovate by expanding the use of social media and adding specialized groups such as early recovery and transgender groups. Program leaders remain committed to the professional development of staff, taking full advantage of the range of technical assistance and training available through SAMHSA. All staff are trained and experienced. The STOPP-Y program is embedded within the larger system of Borinquen Health Care Center as well as within in the larger network of substance abuse and HIV treatment providers in South Florida. STOPP-Y's outreach efforts continue to be key to client engagement and follow-up, and to increasing community awareness and engagement in stemming the spread of HIV and substance abuse using community-based approaches.

HIGHLIGHTS FROM THE PROJECT

- **183** clients received STOPP-Y pre-treatment services from 10/1/17 to 12/18/18 (103% of target).
- STOPP-Y has achieved a **follow up rate of 86.2%**, far above the average for all grantees (64%).
- STOPP-Y's **graduation rate is 70%** - ranked in the top tier of SAMHSA programs nationally.
- STOPP-Y **completers successfully reduced the use of alcohol or illegal substances**, as well as high-risk sexual behaviors at 6-month follow-up.

The tables that follow present a summing up of the results of STOPP-Y's approach and methods during the first year of the project.



Kathleen A. Shea, Ph.D.

President, IAM, Inc.

This work was supported by SAMHSA #: T1080730-1. The views and opinions expressed reflect the personal opinions of the author, and is not intended to represent the views, positions or policies of SAMHSA, DHHS or other agencies or offices of the Federal government.

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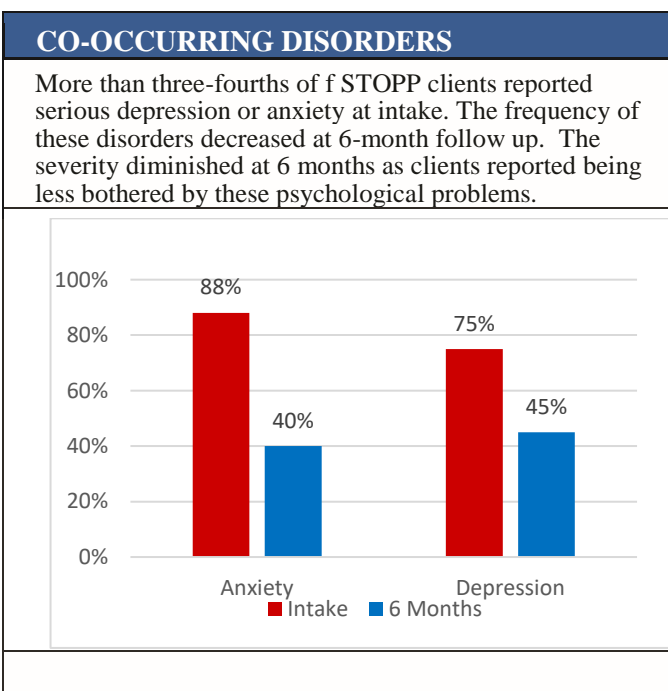
100 NE 38th Street, Suite #5 • Miami, FL 33137 • (305) 576-1599, ext. 3120 • <http://www.borinquenhealth.org>

Leila T. Charlemagne, Psy.D., Director of Behavioral Health • Carmen Pineiro, LMHC, Program Coordinator

CLIENT CHARACTERISTICS AT INTAKE
N=183 (103% of Y1 target)
GENDER, ETHNICITY, RACE AND AGE
76% Male, 24% Female, .5% Transgender
38% Hispanic or Latino
48.1% Black, African-American or Multi-Racial
Mean Age = 45 to 54 years
10% Armed services active duty or Veteran

DRUGS REPORTED USED		
Top 5 drugs clients reported using .		
RANK	DRUGS USED	% REPORTED
1.	Any Alcohol	100%
2.	Cocaine/Crack	65%
3.	Marijuana/Hashish	48%
4.	Methamphetamine	11%
5.	Heroin	8%

Clients reported using these substances an average 15-22 days per month.



NATIONAL OUTCOME MEASURES		
STOPP consistently improved outcomes from intake to discharge on SAMHSA’s National Outcome Measures.		
CHANGE IN NATIONAL OUTCOME MEASURES FROM INTAKE TO 6-MONTH FOLLOW-UP		
GPRA MEASURE	% AT INTAKE	% AT 6-MONTH FOLLOW-UP
No alcohol/drugs for past 30 days	0%	70%
No arrests in past 30 days	98%	96%
Currently employed or attending school	20%	43%
No alcohol/drug related health, behavioral or social consequences	17%	73%
Socially connected	81%	90%
Permanent place to stay	22%	27%

